

By Marco Medrano



- Get a cellular-rejuvenation lift with **The Biotic Wave**, which stimulates and reshapes facial muscles. Before or after facial surgery or as an alternative to surgery, everyone in the know bows to Ellza Bellezza at **Mzia Shiman Spa**, in Manhattan, where she performs the **Microcurrent Flow** series. Amazing find, but don't bother the celebrity next to you. Seriously. [mziashiman.com](http://mziashiman.com)